



Rhythmic Gymnastics Manitoba Inc.



**is pleased to present your daughter with gift valued at \$50.00
registration for the Rising Stars Camp!**

WHEN: Sunday, January 9th, 2011

WHERE: University of Manitoba, Max Bell Centre

TIME: 9:00 AM – 4:00 PM

**“Each and every athlete is a unique individual and this camp is to help
participants find their rising star within them.”**

**HOW: The camp will aim to increase the confidence of the athlete through improved
technique and character building through performance and fun activities!**

COORDINATED BY: Tracy Chu and RGM office

WHAT IS INCLUDED:

- Instruction by RGM top coaches: Zdravka Tchonkova, Natalia Rybak, Tracy Chu
- Small group instruction on body technique, apparatus technique, character dance, confidence building
- Lunch
- Group picture

WHAT TO BRING:

- Rhythmic gymnastics equipment
- Come dressed for rhythmic gymnastics activities
- Bring mid morning and afternoon snack



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- \$5.00 registration fee
- Training diary

TO REGISTER: Complete the following form and return to RGM office by January 4th, 2011. \$5.00 on site registration fee applies. Participants will be accepted on first come bases until the camp is full. Do not hesitate and register NOW!

REGISTRATION FORM

Please register me for the Rising Stars Camp. I will bring the \$5.00 to the camp.

Name:	
DOB:	
Currently registered in recreational program:	
Currently registered in recreational program:	

Zlatica Stauder

Rhythmic Gymnastics Manitoba Inc.

Executive Director

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