

## Team Auditions

It is mandatory to try out for the team. If you meet the athlete eligibility requirements please attend the following audition.

**Sunday, September 12th**

**University of Manitoba  
Max Bell Centre  
5:00-7:00 PM**

Athletes must prepare a maximum 1 minute performance that demonstrates your skills and talent in your discipline. Performances can be choreographed individually or in groups up to four. Floor area provided is a 13m X 13m rhythmic carpet. Music accompaniment is optional. If you choose to perform with music please bring a CD copy.

Athletes will be chosen for the team based on skill, experience, performance and maturity. Please bring your completed application form to the audition.

All participants will be notified within two weeks. Those chosen for the team will be required to attend the first team meeting in September 26th, 2010.



**For more information  
about our program,  
please contact:**

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Join the team that will travel to

**World Gymnaestrada 2011**

**in Lausanne, Switzerland**



## What is World Gymnaestrada?

The World Gymnaestrada is held every four years and is a festival of dance, gymnastics and movement. It is traditionally held in Europe and includes participants from countries around the world. It is not a competition but rather a week-long spectacle of performances intended to delight and captivate audiences.

Rhythmic Gymnastics Manitoba (RGM) has a history of supporting member athletes and coaches to attend the World Gymnaestrada. It is an excellent experience for athletes to gain international experience at a non-competitive level.

To learn more about World Gymnaestrada 2011, visit the official website:

[www.wg-2011.com](http://www.wg-2011.com)



## FUSION Gymnaestrada Team

In preparation for the 2011 World Gymnaestrada in Lausanne, Switzerland, Manitoba Fusion performed at the 2010 National Gymnaestrada in Winnipeg, MB. The event was a great success and the team secured an indoor large group performance spot for the 2011 World Gymnaestrada.

We will be accepting a limited number of new members to the team.

## Important Dates

September 12, 2010	Team auditions/try-outs
September 26, 2010	Team Meeting, 5pm
October 2010	Stunt Camp
October 17, 2010	First practice
January – May 2011	Various Performances
March 2011	Talent of Manitoba
May 2011	Provincial Gymnaestrada
July 10 - 16, 2011	World Gymnaestrada

\*Athletes who participate with the team leading up to National Gymnaestrada 2010 will not be required to audition again in September 2010.

## Athlete Eligibility

Athletes who are interested in participating must have a minimum of five years experience in rhythmic gymnastics, artistic gymnastics or dance at either the recreational or competitive level. Athletes must be at least 12 years of age by December 31, 2010. All athletes under the age of 16 at World Gymnaestrada MUST travel with a parent.

\*All athletes must try out for the team.

## Practice Schedule

Sunday evenings  
University of Manitoba, Max Bell Centre.  
**5:00PM – 7:00PM**

Extra practices may be called for specific groups of athletes. You will be notified in advance.

## Costs/Training Fees

Team registration fee: \$350—\$400

Estimated cost for travel, accommodations, meals & participation at World Gymnaestrada in Switzerland: \$2,500 - \$3,500

Additional costs will include bodysuit(s), costumes & team tracksuit.

Many fundraising opportunities will be available.